
✠ Explore 4 ✠

EUCCHARISTIC ADORATION

Goal: As a family, pray before the Blessed Sacrament at Adoration

“The time you spend with Jesus in the Blessed Sacrament is the best time you will spend on earth.”

— St. Teresa of Calcutta

WHAT IS IT?

Eucharistic Adoration (or Exposition of the Blessed Sacrament) is the act of praying before Jesus in the consecrated Eucharist, presented on the altar.

WHERE AND WHEN?

Choose a time and place to take your family to Eucharistic Adoration. Verify beforehand, but as of June 2026:

- ◆ [St. Barbara](#): after the 9:00AM Mass on Fridays.
- ◆ [Sacred Heart](#): Thursdays, 9:30AM-9:00PM.
- ◆ [St. Stephen the Martyr](#): 24 hours a day. Call ahead (253-631-1940) for the door code if you'll be worshipping when the church is closed.

PRACTICAL TIPS FOR FAMILY ADORATION

- ◆ Prepare children beforehand: explain that Jesus is truly present, and you are going to visit Him like a friend. Consider reading Isaiah 55:1-3 or John 6:22-59 as a family.
- ◆ Bring a Bible, prayer book, journal, or rosary.
- ◆ Give kids something to do with the silence: talk to Jesus in their heart, draw a picture for Him, pray the Rosary, read their Bible, or simply look at the beautiful monstrance.
- ◆ Genuflect on both knees when the Blessed Sacrament is exposed. Maintain reverent silence.

- ◆ Let children see you pray—kids learn devotion by watching it modeled with peace and sincerity.
- ◆ Don't stress about perfection—a wiggly toddler or a whispered question isn't ruining Adoration. It's a family encountering Christ together.
- ◆ Start short. Even 10-15 minutes is fruitful. Build up over time rather than pushing young children too long.
- ◆ Consider stopping somewhere fun afterward - a playground or treat to eat can give the outing a positive association for especially little kids. Take the chance to talk about their interaction with Jesus in the car or when out together.
- ◆ Write and submit your family reflection on the experience of visiting our Lord in Adoration.

MORE RESOURCES

- ◆ [What Really Happens in Eucharistic Adoration](#) — YouTube video by Ascension Presents & Fr. Mike: great for parents and kids!
- ◆ [Take Your Kids to Adoration](#) — YouTube video with great tips for parents wishing to take their kids to Adoration regularly.
- ◆ [Pocket Guide to Adoration](#) — a beautiful resource to take along to adoration by Fr. Josh Johnson, with Ascension Press
- ◆ [Sacramentum Caritatis](#) — Encyclical by Pope Benedict XVI on the Eucharist as the Source and Summit of the Church's Life and Mission.

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PRAY THE HOLY ROSARY

Goal: As a family, gather together and pray one Rosary.

"The family that prays together, stays together, and if you want peace in your heart and your home, pray the Rosary every day."

— St. Teresa of Calcutta

WHAT IS IT?

The Rosary is both the prayer practice and the physical string of beads that we use to pray.

The Rosary is a Scripture-based prayer. The Mysteries of the Rosary center on the events of Christ's life.

The repetition in the Rosary is meant to lead us into restful and contemplative prayer related to each Mystery. The gentle repetition of the words helps us to enter into the silence of our hearts. The Rosary can be said privately or with a group.

The Rosary is not worshipping Mary. Only God can be worshipped. Instead, we seek Mary's intercession, knowing that her love for us as a mother never ceases.

HOW TO PRAY

1. Make the Sign of the Cross and pray the Apostles' Creed on the crucifix.
2. Pray the Our Father on the first large bead.
3. Pray three Hail Marys on the next 3 small beads.
4. Pray the Glory Be, then announce the first Mystery.
5. For each decade: Our Father, 10 Hail Marys, and Glory Be (optional: conclude with the Fatima/O My Jesus Prayer)
6. After five decades, conclude with the Hail Holy Queen.



PRACTICAL TIPS FOR FAMILY ROSARIES

- ◆ If you need a Rosary, St. Barbara Catholic Church has extras available. Please don't hesitate to ask.
- ◆ Print a [guide](#) if you are unsure of the order/wording
- ◆ Take turns leading - for each decade, one family member can say the first half of the prayer, while the others say the second half.
- ◆ Consider inviting another family to join yours.
- ◆ Consider making your own Rosaries as a family and asking Father to bless them after attending Mass.
- ◆ Write and submit your family reflection on the experience of praying the Rosary together.

MORE RESOURCES

- ◆ [The Holy Rosary, for kids!](#) — Youtube video introducing the Rosary to kids!
- ◆ [On A Mission To Love: Rosary Meditations for Children and Families](#) — A book to help accompany families as they pray that includes beautiful images for the Mysteries.
- ◆ [The Rosary with Bishop Barron](#) — A book for those wishing to more deeply explore this ancient prayer.
- ◆ [Champions of the Rosary](#) — 400+ pages by Fr. Donald Calloway covering everything Rosary!

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THE TWENTY MYSTERIES OF THE ROSARY

Joyful

Monday & Saturday

1. The Annunciation
2. The Visitation
3. The Nativity
4. The Presentation
5. Finding in the Temple

Luminous

Thursday

1. Baptism of Jesus
2. Wedding at Cana
3. Proclaiming the Kingdom
4. The Transfiguration
5. Institution of the Eucharist

Sorrowful

Tuesday & Friday

1. Agony in the Garden
2. Scourging at the Pillar
3. Crowning with Thorns
4. Carrying of the Cross
5. The Crucifixion

Glorious

Wednesday & Sunday

1. The Resurrection
2. The Ascension
3. Descent of the Holy Spirit
4. Assumption of Mary
5. Coronation of Mary

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CONFESSION AS A FAMILY

Goal: As a family, go to confession

“Confession is an act of honesty and courage – an act of entrusting ourselves, beyond sin, to the mercy of a loving and forgiving God.”

- Pope St. John Paul II

WHAT IS CONFESSION?

Confession is the sacrament in which you confess your sins to a priest, and the priest, as a representative of Jesus, forgives you of your sins.

It's also known as the Sacrament of Penance or Reconciliation.

When we commit a sin against another or God, we are called to go to confession, seek forgiveness and God's grace, and return to communion with God and his Church.

Remember, conversations with the priest are confidential; protected under the seal of confession.

WHERE AND WHEN?

Choose a Catholic church to take your family to Confession. Verify beforehand, but as of April 2026:

- ◆ [St. Barbara](#): Thursday 5 to 5:45 PM and Saturday 4 to 4:45 PM
- ◆ [Sacred Heart](#): Wednesdays 5:00-5:45 PM
- ◆ You can go to any Catholic Church!

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PRACTICAL TIPS FOR FAMILY CONFESSION

- ◆ Beforehand, talk about what to expect. For children who have already received confession, it can still feel very vulnerable; reassure your child of God's love and mercy.
- ◆ For younger kids (and those who have not gone through Sacramental Prep), who will only be watching before and after, explain what you personally are doing to prepare, as well as what happens when you are with the priest.
- ◆ Review an Examination of Conscience and encourage note-taking to guide your children.
- ◆ Practice the Act of Contrition together.
- ◆ When your child is given a penance, give them space to pray and think about the priest's words.
- ◆ After confession, let your child ask questions about their experience. Write and submit your family reflection on the experience.

MORE RESOURCES

- ◆ [The Sacrament of Reconciliation Explained](#) a 7-min introductory Youtube video for kids and adults.
- ◆ [Examination of Conscience for Youth, Teens, & Adults](#) from the Archdiocese of Seattle
- ◆ [Prepare for the Sacrament of Reconciliation](#) - a written step by step guide to Confession.

ACT OF CONTRITION

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy. Amen.

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PRAY A NOVENA

Goal: *As a family, pray a novena — nine days of prayer — for a special intention.*

“Pray, hope, and don’t worry.”
— St. Padre Pio

WHAT IS IT?

A novena is nine consecutive days of prayer offered for a special intention or in preparation for a feast.

The very first novena was prayed by the Apostles and the Blessed Virgin Mary, who gathered together for the nine days between Jesus’ Ascension and the coming of the Holy Spirit at Pentecost (Acts 1:14). Ever since, Christians have set aside nine days to ask God for graces, to seek a saint’s intercession, or to prepare for a feast.

WHERE AND WHEN?

A novena can be prayed anywhere.

Families often pray a novena leading up to a feast day or before a big event (a birth, a move, etc).

HOW TO PRAY A NOVENA

- **Choose your intention** — a need, a person, or a thanksgiving to offer. Let each child name an intention, if they’d like.
- **Choose a novena** tied to your intention or to a favorite saint (see the list below).
- **Pray the same prayers each day** for nine days in a row.
- **If you miss a day**, simply pick up where you left off. God treasures your faithfulness, not your perfection.



PRACTICAL TIPS FOR FAMILY NOVENAS

- ◆ Keep it short for little ones. A few minutes of prayer; novenas are about consistency, not length.
- ◆ Use a visual reminder; a calendar or paper chain with links to tear can help children keep track of the days.
- ◆ Pray at a set time so that it becomes a rhythm.
- ◆ Tie it to the Church calendar. The Holy Spirit Novena before Pentecost or the St. Andrew Christmas Novena in Advent connects your prayer life to the life of the Church.
- ◆ Explain that God always answers — sometimes “yes,” sometimes “not yet,” sometimes “I have something better.”
- ◆ Write and submit your family reflection on the experience of praying a novena together.

MORE RESOURCES

- ◆ [Pray More Novenas](#) — a free website that emails each day’s novena prayers to you.
- ◆ [What is a Novena? Catholic Kids Learn to Pray for 9 Days](#) — Youtube video for kids about Novenas
- ◆ [How to Pray a Novena \(the Right Way\)](#) — Youtube video for adults by Fr. Mike Schmitz.

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POPULAR NOVENAS TO PRAY AS A FAMILY

Novena to the Sacred Heart of Jesus
The Divine Mercy Novena
Novena to the Holy Spirit (Pentecost)

The Holy Family Novena
St. Joseph Novena
St. Anne Novena

St. Thérèse Novena
St. Andrew Novena (Advent)
St. Michael the Archangel Novena

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INTERVIEW A GRANDPARENT

Goal: *As a family, listen as a Catholic grandparent (or unrelated elder) shares their faith.*

“Grandparents are the memory of a family. They are the ones who gave us the faith, transmitted the faith to us.”

— Pope Francis

WHAT IS IT?

Faith is handed on, person to person, across the generations. Sit with a Catholic grandparent, or another beloved Catholic elder, and listen to the story of their faith: preparing questions together, asking with love, and listening as they share about Christ.

Choosing someone Catholic lets your children glimpse what it means to live the faith: at Mass, at home, and through joys and trials.

HOW TO DO IT

1. **Choose someone.** A grandparent, parishioner, relative, or elderly friend works. Pick someone whose Catholic faith your family can learn from.
2. **Prepare questions together.** Write your questions as a family; let each child add some of their own (see ideas below).
3. **Set up the visit.** In person over a meal is wonderful; a video call works well for far-away loved ones.
4. **Listen closely.** Let the children ask their own questions, and don't rush; the silences and side-stories are part of the gift. Consider recording the conversation, to remember it by.
5. **Close in a prayer of gratitude.** Thank God, aloud and together, for this person and the faith they've shared.

PRACTICAL TIPS FOR THE INTERVIEW

- ◆ Prepare your elder. Share a few questions ahead of time so they can gather memories and photos.
- ◆ Let the children lead. Coach them to ask, listen, and make eye contact. Honoring elders is itself a way to keep the Fourth Commandment.
- ◆ Bring keepsakes to spark stories- old photos, a family Bible, a rosary, holy cards, etc.
- ◆ Ask about hard times too. How faith carried them through loss or doubt is often the most powerful witness.
- ◆ Write and submit your family reflection on what you learned from your grandparent or elder.

MORE RESOURCES

- ◆ [Sharing the Wisdom of Time](#) — A book from Loyola Press, by Pope Francis & friends; elders worldwide share their faith and life.
- ◆ [StoryCorps “Great Questions”](#) — a free list of questions to ask (not specific to faith, but could provide some good background conversations about the past, to get things started).

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QUESTIONS TO GET YOU STARTED

Who taught you to pray?
How did you pray at home when you were young?
What was your First Communion like?
When did your faith feel like it became your own?
What prayer(s) do you say daily now?
Do you have a favorite saint? If so, why that one?
How has the Mass changed during your life?

How has the Mass changed during your life?
Which parish was most significant to your journey?
Have you ever had a hard time in your life, and your faith helped to get you through?
What about Catholicism are you most grateful for?
If you could talk to yourself right now as a child, what advice would you give, regarding faith?

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Create a Prayer Space in Your Home

Goal: In your home, create a small space that invites the family to pray together.

"The family is called to be the temple, or house of prayer: A simple prayer, full of effort and tenderness. A prayer that makes life so that life becomes prayer."

– St. John Paul II

WHY SHOULD WE CONSIDER HAVING A PRAYER SPACE IN OUR HOMES?

The house that your family lives in is not just a house: it's the home where everyone returns each day, where we eat meals together, hang out, and make memories. It is also the first place that we learn to be Christ-like to others. Just like having a play room or area- a dedicated space for toys and play- having a dedicated prayer space is a simple yet powerful reminder that our family prioritizes prayer time.

WHERE AND WHEN?

A prayer space doesn't need to take up much space. It can be a corner of your house- upstairs near bedrooms, or in a family living room- a wall at the entrance to the house, a bookshelf in the kitchen. Choose a space that is visible and easily accessible to everyone.

Dedicate it to God- hang your family rosaries, the Bible, and/or a cross. Make this a space that everyone can come to for spiritual strength during the day, whether it's to sit down and read scripture or say a quick Hail Mary before work and school.

Consider gathering as a family once your prayer space is established, sprinkling holy water, and asking God to bless those who come to Him in this space. Thank Him for your home, your family, and your ability to pray and worship Him.

PRACTICAL TIPS FOR YOUR SPACE

- ◆ Make it simple! A cross, a Bible, holy water, and a Rosary is a good start.
- ◆ If you can, add statues and/or paintings of your favorite saints. There are many talented Catholic artists; consider supporting them.
- ◆ Involve your kids! Ask your children who their favorite saints are. Print pictures together, take them shopping at a local Catholic store, or create artwork together. Discuss the different artwork and depictions of Jesus, Mary, and the Saints. Ask which ones call them to prayer and reflection.
- ◆ Add Liturgical living items- colors and small changes for different seasons such as rocks for Lent, flowers for Easter/Christmastime, and colored cloth for the Liturgical seasons.
- ◆ Consider asking a local priest over for dinner - and to bless the items and space that you have created.
- ◆ Don't forget to use your prayer space :)
- ◆ Write and submit your family reflection about how you dedicated this space to prayer.

ADDITIONAL RESOURCES

- ◆ [Creating a Prayer Space in Your Home: Ideas and Inspiration](#) by Catholic Sprouts is an excellent and simple 4-page guide to get you started.
- ◆ [The Little Oratory: A Beginner's Guide to Praying in the Home](#), by David Clayton and Leila Marie Lawler (Sophia Institute Press) is a highly-recommended resource for anyone who wants to dive deep into transforming your home into a house of prayer.



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REFLECT ON SCRIPTURE

Goal: *As a family, prayerfully read and reflect on a passage of Sacred Scripture together.*

“Ignorance of Scripture is ignorance of Christ.”
— St. Jerome

WHAT IS IT?

Reflecting on Scripture is more than reading the Bible — it is listening for God’s voice in His Word and letting it shape our hearts. The Catechism reminds us that in Sacred Scripture “the Father who is in heaven comes lovingly to meet his children, and talks with them” (CCC 104).

A time-honored way to pray with Scripture is *Lectio Divina* — Latin for “divine reading” — a slow, prayerful reading handed down from the early monks. It has four parts: read, meditate, pray, and rest.

HOW TO PRAY WITH SCRIPTURE (LECTIO DIVINA) WITH YOUR FAMILY

1. **Read (Lectio).** Choose a short passage — a Gospel story works well. Read it slowly, aloud, two or three times. Let it soak in.
2. **Meditate (Meditatio).** Notice a word or phrase that stands out. Picture the scene. Ask: What is God saying to us here?
3. **Pray (Oratio).** Respond to God from the heart — with thanks, a request, sorrow, or praise. Speak to Him about what you read.
4. **Rest (Contemplatio).** Sit quietly together in God’s presence. There is nothing to “do” — simply rest in His love.

Share. Invite each person to name one thing they noticed. Close with an Our Father or the Sign of the Cross.

WHERE AND WHEN?

Any time and place works — around the dinner table, at bedtime, or any time when the family can be gathered together to pray without distraction.

PRACTICAL TIPS FOR FAMILY REFLECTION

- ◆ Use a real Bible the kids can hold. Let children find the passage and mark it with a ribbon or sticky note.
- ◆ Pick vivid Gospel stories. Jesus calming the storm, the Good Shepherd, or feeding the five thousand capture children’s imaginations.
- ◆ Ask simple, open questions. “What did you notice? What is Jesus showing us?”
- ◆ Model wonder. The goal is to meet Jesus in His Word — not to test memory.
- ◆ Write and submit your family reflection on your experience of praying with Scripture.

MORE RESOURCES

- ◆ [Daily Mass Readings](#) — the day’s Scripture readings, free from the USCCB.
- ◆ [The Bible in a Year](#) — Fr. Mike Schmitz’s podcast through the whole Bible.
- ◆ [Lectio Divina Guide](#) — the USCCB’s short guide to praying with Scripture.

- ◆ Submit your online reflection here.

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SCRIPTURE PASSAGES TO CONSIDER REFLECTING ON WITH YOUR FAMILY

The Good Shepherd Jn 10:11–16
Greatest Commandment Mt 22:36–40
The Lord’s Prayer Mt 6:9–13

Calming the storm Mk 4:35–41
Feeding the 5,000 Jn 6:1–14
The Good Samaritan Lk 10:25–37

The Lord is my shepherd Ps 23
The Beatitudes Mt 5:1–12

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VISIT A CATHOLIC CEMETERY

Goal: As a family, pray for the dead on the consecrated ground of a Catholic cemetery.

“Let us not hesitate to help those who have died and to offer our prayers for them.”

— St. John Chrysostom

WHY WE VISIT CEMETERIES

Those who die in God’s grace but are not yet perfectly purified undergo a final purification—called Purgatory—before entering the joy of heaven. These souls are assured of salvation, but they benefit from our prayers, sacrifices, and good works offered on their behalf.

Visiting a grave is a work of mercy, an expression of love.

These visits also remind us of our own mortality and our call to live in readiness for the Lord’s coming. Far from being morbid, this awareness deepens gratitude for the gift of life and strengthens our hope in the Resurrection. Death is not the end!

WHERE AND WHEN?

The Archdiocese of Seattle operates 4 cemeteries:

1. [Gethsemane Cemetery](#), Federal Way (closest Catholic Cemetery to St. Barbara’s Church)
2. [St. Patrick Cemetery](#), Kent
3. [Calvary Cemetery](#), Seattle
4. [Holyrood Cemetery](#), Shoreline

Catholic Cemeteries are consecrated ground. Walk the grounds, look for statues of Saints, images of the Rosary, and Catholic iconography. Pray for the dead!

Talk with your kids beforehand about expectations: speaking softly and respecting the gravesites.

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PRACTICAL TIPS FOR VISITING AND PRAYING AT A CEMETERY WITH KIDS

- ◆ Explain beforehand that the cemetery is a holy place where we come to pray for people (an act of love because we care for people even after they die) and to remember that Jesus promises us eternal life
- ◆ Consider bringing flowers for children to place on graves. Giving kids a role can add meaning.
- ◆ Share stories about deceased family members (even if those members are not buried at the specific cemetery that you are visiting).
- ◆ Pray as a family, beginning and ending with the Sign of the Cross and incorporating the Eternal Rest Prayer: “Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May they rest in peace. Amen.” You can also pray a decade of the Rosary, read Psalm 23 together, etc.
- ◆ Keep the tone hopeful—emphasize the Resurrection and the belief that we will see our loved ones again in heaven. Death is not the end!
- ◆ Write and submit a reflection about your family’s experience visiting and praying at a cemetery.

MORE RESOURCES

- ◆ [Brother Francis: All Souls Day](#) — For kids! A 5-min video on Formed (login available): Heaven, Hell, Purgatory, and why we pray for the dead.
- ◆ [Why Do Catholics Pray for the Dead?](#) — A 3 minute video on Formed (login available for parishioners)
- ◆ [Hope to Die: The Christian Meaning of Death and the Resurrection of the Body](#) —Book by theologian Scott Hahn

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ATTEND MASS ELSEWHERE

Goal: As a family, attend Mass at a Catholic church other than your own.

*“Where Jesus Christ is, there is the Catholic Church.”
— St. Ignatius of Antioch (c. 107 A.D.)*

WHAT IS IT?

We invite your family to worship at a Catholic parish other than your own — a grand cathedral, a humble mission, or a community that prays in another language — and to find there the very same Mass, the same faith, and the same Lord in the Eucharist.

The word catholic means “universal.” St. Ignatius of Antioch first called the Church “Catholic” around the year 107, because Christ’s Church is meant for everyone, everywhere. At every Mass on earth the same sacrifice is offered and the same Eucharist received. Visiting another parish lets your children see and hear that beautiful unity.

HOW TO DO IT

Choose a different parish. Consider picking one unlike your own — a cathedral, a Mass in another language, or an Eastern Catholic liturgy.

Check the Mass time on the parish website or [Masstimes.org](https://www.masstimes.org), and plan to arrive a few minutes early.

Take it in. Before Mass, look around quietly — the art, statues, and architecture each tell the story of the faith.

Worship with your whole heart. Even if the language or customs differ, the Mass is the same; follow along and pray along.

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WHERE AND WHEN?

Any Catholic Mass fulfills your Sunday obligation (so long as the church is in Communion with Rome - you can easily look this up), so feel free to explore. Here are a few parishes near us that each offer something different:

- ◆ **St. James Cathedral, Seattle.** The mother church of our archdiocese. Note the architecture, the music (10AM music by the Cathedral choir), and the size of the church.
- ◆ **Holy Spirit, Kent.** One parish at prayer in English, Spanish, and Swahili- pick a language!
- ◆ **Vietnamese Martyrs (Our Lady of La Vang), Tukwila.** A soaring and stunning Gothic church modeled on Saigon's cathedral, built by a refugee community; Mass in Vietnamese.
- ◆ **St. John Chrysostom Byzantine, Seattle.** An Eastern Catholic parish; here the ancient Divine Liturgy is sung, amid colorful icons. Do what others do - this Mass will feel very different, but is valid and Roman Catholics can attend and receive Eucharist!

MORE RESOURCES

- ◆ [Archdiocese of Seattle parish finder](#) — search local parishes by city, language, and Mass time.
- ◆ [Day 117: The Church Is Catholic](#) from The Catechism in a Year Podcast. Father Mike Schmitz discusses Catholicism’s universality and what it means to be Catholic.

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FAMILY MOVIE NIGHT

Goal: As a family, watch a faith-based movie and discuss it together.

“Human beings are storytellers.... Often we decide what is right or wrong based on characters and stories we have made our own. Stories leave their mark on us; they shape our convictions and our behaviour. They can help us understand and communicate who we are.”

-Pope Francis

WHAT IS A FAMILY MOVIE NIGHT?

Everyone loves a good movie! Take the opportunity to watch a movie with themes of faith, love and sacrifice that spark deeper conversations with your kids.

WHERE AND WHEN?

Any day can be movie day. Many families choose a Friday or Saturday night.

PRACTICAL TIPS FOR A FAMILY MOVIE NIGHT

- ◆ Make it fun! Invite friends and make a simple meal to enjoy together beforehand.
- ◆ Talk about themes, characters, and potentially scary scenes in the movie.
- ◆ Let your kids help to choose a film they would like to see; offer options from different themes, Bible stories or saints to explore (check out the list on this page!)
- ◆ Formed has many other saint movies available. Login available through our parish family - use zip code 98321 (St. Aloysius)
- ◆ Write and submit your family reflection about your family's movie night experience.

MOVIE IDEAS

- ◆ David- 2025- Rated PG, runtime: 1:49. A new animated film about young David before he was king of Israel as he fights Goliath. Available via Angel Studios and Amazon Prime, for purchase.
- ◆ King of Kings- 2025- Rated PG, Runtime 1:44. A new animated film retelling of the story of Jesus' life.
- ◆ The Prince of Egypt- 1998- Rated PG. An animated film following the story of Moses and how he was called by God to save the Hebrew people. Available via Amazon, for purchase.
- ◆ Choose 2 animated episodes of “The Saints and Heroes Collection” on Formed. For example, “Patrick: Brave Shepherd of the Emerald Isle”- these are great for younger, less focused audiences.
- ◆ Joan of Arc- 2016- NR, Runtime: 3hrs. A live-action film available on Formed. Parent discretion advised, as Joan is burned at the stake in the last scene of the movie.

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